

Quit tobacco with Group Quit.

There's never been a more important time to quit.



In-Person Group Sessions



Virtual Group Sessions

Benefits:

- **FREE** expert-led sessions.
- **FREE** nicotine replacement therapy such as patches, gum, or lozenges.*
*if medically appropriate for those 18 years of age or older
- Covers all forms of tobacco.
- Develop your personalized quit plan.
- More than **DOUBLES** your chances of success.

Group Schedule:

Monday, May 16, 2022 at 2:00pm
Flagler County Government Services Building
1769 E. Moody Blvd
Bunnell, FL 32110

Monday, May 23, 2022 at 1:00pm
Palm Coast Community Center
305 Palm Coast Parkway NE
Palm Coast, FL 32137

To pre-register, call: 904-482-0189

Sponsored by:



For more information on Group Quit sessions, contact:

Northeast Florida Area Health Education Center

904-482-0189



Florida HEALTH

Learn more about all of Tobacco Free Florida's tools and services at tobaccofreeflorida.com/quityourway